

Lesson Plan

Name of the Faculty:		Ms. Medha Vasisht	
Discipline:		BCA	
Semester:		1st	
Subject:		Human Values & Ethics (B23-VAC-201)	
WorkLoad(Lecture/Practical) perweek(Inhours):		3	
S.No.	Lecture No.	Theory	Pedagogy (PPT/Chalk and Board/Video Recording /Activity/Case Study)
1	L1	Introduction to Value Education.	Chalk and Board
2	L2	Understanding the need, content and process for Value Education.	Chalk and Board
3	L3	Classification of Value Education understanding Personal Values, Social Values.	Chalk and Board
4	L4	Moral Values & Spiritual Values.	Chalk and Board
5	L5	Understanding the difference between ideology and values.	Chalk and Board
6	L6	Understanding Harmony with self, society and Nature.	Chalk and Board
7	L7	Revision	Chalk and Board, PPT
8	L8	Debate and Discussion on the need and nature of Value Education	Activity
9	L9	Understand various types of Values.	Chalk and Board
10	L10	Revision	Chalk and Board, PPT

11	L11	Class Test	Oral Test
12	L12	Meaning and nature of Human Values.	Chalk and Board
13	L13	Relation between Values and Ethics.	Chalk and Board
		Assignment - 1	On Paper
14	L14	Relevance of Human values : Integrity Empathy, Loksangrah, Brahmvihara.	Chalk and Board
15	L15	Theory of Naya (Jainism), Deontology. Virtue Ethics, Utilitarianism	Chalk and Board
16	L16	Understanding the Relationship among: Self, Identity and Personality.	Chalk and Board
17	L17	Understanding Integrated Personality - with the three Gunas theory of Sankhya.	Chalk and Board
18	L18	Antah - Karanas (Inner Instruments) in Yoga, and Panchkosha (five sheaths) in Upanishad.	Chalk and Board
19	L19	Approaching comprehensive understanding of well-being and its relation to Happiness.	Chalk and Board
20	L20	Revision	Chalk and Board, PPT
21	L21	Class Test	Oral Test
22	L22	Nature, characteristics and scope of professional ethics; Types of Professional Ethics.	Chalk and Board
23	L23	Professional Values: Trusteeship, Inclusiveness, Commitment, Sustainability, Accountability, Transparency, Impartiality.	Chalk and Board
24	L24	Values for Global Citizenship: Equality, Justice, and Human Dignity.	Chalk and Board
25	L25	Nature and need of competency based education, Types of Competencies.	Chalk and Board
		Assignment - 2	On Paper
26	L26	Core Competencies: communication, teamwork, planing and achieving goals.	Chalk and Board

27	L27	Functional Competencies: analytical thinking, knowledge sharing and learning, decision making. partnership building.	Chalk and Board
28	L28	Revision	Chalk and Board, PPT
29	L29	Previous Year Question Discussion	Chalk and Board
30	L30	Class Test	Oral Test

QUESTION BANK

Unit I

Course Introduction: Need, Content and Process for Value Education

Questions from Unit I

Short Answer Questions (2–3 marks each):

1. Define Value Education. Why is it needed in the present scenario?
2. Differentiate between ideology and values.
3. List different types of values with suitable examples.
4. What is self-exploration in the context of Value Education?
5. Write a short note on the importance of moral and spiritual values.

Long Answer Questions (5–10 marks each):

1. Explain the need, content, and process of Value Education in detail.
2. Discuss the classification of values with examples. How do they influence individual and social life?
3. “Self-exploration is an important method for Value Education.” Justify this statement with examples.
4. Evaluate the role of debate and discussion in understanding Value Education.
5. Select a real-life case study and analyze it to explain different types of values involved.

UNIT II – Human Values and Ethics

1. Define human values and explain their significance in life.
2. Differentiate between values and ethics with examples.
3. Discuss the evolution of value systems in society.
4. Explain the approaches to human values: Eternal, Evolutionary, and Sacred values.
5. What is the theory of Karma according to Naiyayikas?
6. Explain Lokasangraha as discussed in the Bhagavad Gita.
7. What is Bambhiwara in Jainism?
8. Compare and contrast Virtue Ethics and Utilitarianism.
9. How can group activities help in promoting awareness of human values?

UNIT III – Integrated Personality and Well-being

1. Explain the relationship between self, identity, and personality.
2. How are success and failure related to self-reflection and self-efficacy?
3. What is Aharashuddhi and why is it important?
4. Write a short note on Ashtang Yoga.
5. Explain Patanjali's four sadhanas.
6. Describe Panchkosha (five sheaths) in the Upanishads.
7. How can well-being be related to happiness?
8. What is Brahmabhav Dhyana?
9. Discuss the significance of Sakshi Bhava Dhyana in cognitive restructuring.

UNIT IV – Professional Ethics and Global Citizenship

1. Define professional ethics and explain its nature and scope.
2. List and explain the core professional values.
3. Why is accountability important in professional ethics?
4. Discuss the importance of transparency and impartiality in professional life.
5. What is competency-based education? Why is it needed?
6. Explain the concept of global citizenship.
7. How does social responsibility relate to global citizenship?
8. Discuss the role of human dignity in professional ethics.
9. Explain analytical thinking and its importance in decision-making.
10. Differentiate between core competencies and functional competencies.